

Khloe Kardashian Gets Cellulite Treatment On Buttocks & Thighs Part 2



If you're trying to, dare we say it, "keep up" with the Kardashian clan, consider copying Khloe's latest beauty treatment. The reality star recently filmed a scene on her hit show where she underwent a procedure called Forma.

Using radio frequency, Forma stimulates the formation of new collagen and improves skin's elasticity for results that will last a year. We spoke with celebrity dermatologist Dr. Schweitzer to get all the details. [If you missed Part One, click here.](#) Now read on to learn what the process is like and how much it'll set you back:

Dr. Schweitzer, what does this process feel like?

The BodyFX and Plus treatments are quite comfortable. There is no need for any numbing or pain management. My patients describe it as a warm heated stone massage, with little mini bursts of energy.

The second treatment, Q-switched YAG for stretchmarks, is the one that Khloe indicated feels a bit more intense. I would equate that to a sharp elastic band hitting the skin. In most cases a skin chiller (machine that blows cold air on the skin) or topical anesthesia can be used to minimize the discomfort.

Is this the best way to treat a stretch mark?

A stretch mark is essentially a thin scar. Early stretch marks are often red in color, older stretch marks are often white. You cannot completely erase a stretch mark, but the goal is to improve the appearance and make them less noticeable. It may require more than one treatment.

Is it painful? What's the downtime?

Patients can expect the area to feel hot for an hour or so after treatment, but they can resume their normal activities immediately. There is no downtime.

Who is the ideal patient?

The ideal patient for these treatments are individuals who are looking to re-contour and reshape their body. They should have a healthy lifestyle to help maintain the results.

How much does this cost? Are multiple sessions needed?

Multiple treatment sessions are required for InMode Plus and BodyFX. Typical charges are \$2500-\$3000 per treatment area. Laser stretch mark removal starts at about \$450 per treatment. A series of treatments might be required before the appearance of stretch marks improves significantly.

How long do the results last?

With the Plus and BodyFX body contouring, we are seeing results last quite a while. This is because we are rebuilding collagen. The good news is that patients see ongoing improvement, even at 3 months after the last treatment. We do recommend that patients come in for maintenance once or twice a year.

Plan on keeping up with Khloe? Tell us with a note below!

