

JEN ANISTON KNEE-DS HELP!

JENNIFER FLASHES SOME SAGGY SKIN ON HER USUALLY LITHE LEGS.



JENNIFER ANISTON's legs look like they could use some airbrushing! Although the actress, 44, is known for her amazing body, her skin seemed less than perfect on July 19 while filming her latest project, *Squirrels to the Nuts*, in NYC. "Jennifer appears to have some crepey skin on the front of her left thigh," Dr. Anthony Youn, a board-certified plastic surgeon who specializes in cosmetic surgery, tells *Star*. "This commonly occurs due to unhealthy habits like smoking and excessive alcohol consumption. But since I suspect Jennifer lives a very healthy lifestyle, hormone changes, low body-fat percentage and the hot California sun may have combined to create loosening of Jen's thigh skin."

So what could the body-conscious star use to smooth the skin on her legs? "Radiofrequency devices like Fractora Plus, which create deep heating of the skin to tighten it," says Dr. Youn. "A quick fix would be a topical cellulite cream that contains caffeine, which can provide an instant though temporary smoothing effect."

Jen has credited hydration, getting enough sleep, exercising and eating a healthy diet for her normally glowing skin. But the unedited photo of Jen's thigh could mean that she may not be following her own advice. ★



PANTS FOR HER DATE



SKIRT ON SET!
On July 20, the day after Jen flashed her leg on set, she dined with Justin, 41, and his mother, Phyllis Grissim, at Blue Hill restaurant in NYC — and wore jeans.